

Week 3 – Multi-Sport

SUMMER SCHEME 2023	Monday	Tuesday	Wednesday	Thursday	Friday
Registration 8:45- 9:15	MAIN HALL				
Session 1 9:15- 10:30	Bench ball Main Hall	Volleyball Main Hall	Capture the Flag	Gaelic Skills OTF	Dodgeball DOJO
Session 2 10:30- 11:30	Relay Races OTF	Tag Rugby OTF	Dodgeball DOJO	Dodgeball DOJO	Table Tennis Main Hall
Break 11:30-11:45					
Session 3 11:45- 1:00	Dodgeball DOJO	Orienteering Botanic	It's a knockout Main Hall	Trampoline Main Hall	Football OTF
Lunch 1:00- 2:00					
Session 4 2:00-3:00	Swimming	Dodgeball DOJO	Swimming	Benchball Minor Hall	Swimming
Session 5 3:00- 3:45	Olympic Handball Main Hall	Long Ball Main Hall	Olympic Handball Main Hall	Basketball Minor Hall	Olympic Handball Minor hall
Break 3:45- 4:00					
Session 6 4:00- 4:45	Triple Games Main Hall	Badminton Minor Hall	Bench Ball Main Hall	Football Main Hall	Uni Hoc Main Hall
Pick up 4:45- 5:00	MAIN HALL				